

Introduction to Lesson Planning

Lesson plans for each session within the workshop were written by the Lead Instructors using a plan format. Modifications were made during the team training sessions and as needed for each instructional setting, time allotment, and feedback from instructors, students and school faculty for each of the workshops.

The lesson plan format includes: lesson objectives, instructional time, location (instructional space), all instructors, equipment needed, number of students for each session, content, What students need to know for safety, What students will do (practice/hands-on activities), and resources/references.

Members and friends of the MRSPS served as volunteer instructors and were organized in teams. Lead instructors and several of the instructors were available for all five workshops. Others rotated days as personal schedules allowed. Lead instructors were responsible for assigning instructor responsibilities for each workshop often rotating assignments to best use the skills and interests of the team.

The workshop schedule allows for six 25 minute (half-day workshop) to 35 minute sessions (full-day workshop). Students in groups of 12 (assigned by their teachers) rotated to each session. A seventh session was conducted by all teams and included a summary of the day's workshop. The summary session uses real-life scenarios (boating accidents that actually happened on local waterways). Students use concepts learned in various sessions to discuss decisions about what each would have done in those situations.

All sessions for the full-day workshop (St. Michaels Middle School) were held out doors at the Chesapeake Bay Maritime Museum and utilized the band stand, light house, balcony of the Recreation Building (simulated Coast Guard station could be hidden out of sight here), and the docks. The USPS District 5 Show Trailer provided a display of safety equipment (required and recommended).

Three sessions for the half-day workshop (Easton Middle School) were held at the school (3 sessions) utilizing the parking lot (D/5 trailer and simulated navigation channel displaying navigation aids) and gymnasium. Three sessions were conducted at the YMCA (directly across the street from the school) utilizing a classroom

