

Workshop Schedules

**MILES RIVER SAIL & POWER SQUADRON (MRSPS)
2007 SAFE BOATING PROGRAM FOR KIDS
EASTON MIDDLE SCHOOL (EMS)
ST MICHAELS MIDDLE SCHOOL (SMMS)
(Revised May 17, 2007)**

SESSION TOPIC	LOCATION		TEAM LEADER/ Instructors
	EMS	SMMS	
1. Effects of Cold (Hypothermia); Effects of Heat (Sun) Effect of Drugs & Alcohol; Environment – Pollution	GYM (3) Cooler/Ice Water Oil Spill clean-up equipment	LIGHT HOUSE	BILL ROWAN
2. Safe Boating Practice embark/debark; Stability – dinghy, inflatable, canoe Entering craft Leaving craft Moving for and aft Safe practices: Stability; freeboard/overload/capacity Boating Courtesy Passenger Control Channel crossing; wake (broach); Securing boat: tie up; anchor	YMCA (WARM POOL 2) 1 canoe 1 kayak 1 inflatable dinghy Tie up lines Cleats and posts for knot tying PICK UP & RETURN PFD FROM POOL 1	SAIL BOAT DOCK	TIM HAMLON
3. Safe Boating - Small Boat Handling: Types of boats; State Regulations (Age, Certification, PFD, other); USPS Courses (Others) Safety equipment (required/recommended) Basic Navigation Aids; Equipment: compass, GPS, Binoculars Chart symbols (shapes, colors, numbers) [Aids to navigation visible from CBMM]	D/5 trailer; Regulation Equipment GYM (2) Cardboard boats Clip-on Equipment signs Red/Green Day Markers	D/5 Trailer	TONY GREENWOOD TOM O'DONNELL
4. Emergency Response: Concerns: Float Plan Sudden Weather Change Darkness Hazards (Hidden) Boat Damage Injury Fire on board: Extinguisher types Check gauge, Expiration date/pressure Response actions Turn boat into wind, Cut fuel, Pull pin, Sweep fire Distress Signals: Hand; flares; flag Use of Cell Phone: 911 Use of radio Check location Determine emergency Call Coast Guard Describe situation Follow directions	GYM (1) Fire Extinguishers Fire Triangle Posters Flares 2 pair 2 channel radios Boating accident scenarios PFD's Navigation Charts	NAVY POINT RECREATION BUILDING	NORM FRANCK FRED KEISER

<p>5. Man-Over-Board: Prep of rescues equipment: Coiling line; location Assign student tasks: Response – Look out; Rescuer – Throw line; PFD, Cushion Ring Buoy Helmsman – Steer to wind & current Coach — Assess actions of team Skills – Demo Practice – In Groups of 3 or 4; 1 MRSPS instructor with each small group.</p>	<p>YMCA (Cool Pool 1) (2 lap lanes) 2 ring buoys 1 cushion 2 throw bags 4 targets and anchors PICK UP AND RETURN PFDs HERE</p>	<p>C DOCK</p>	<p>MIKE NEWNAM</p>
<p>6. First Aid – Preparation: First Aid Kit Common Injuries Hidden Hazards: CO2 Environmental Dangers: Sunburn; Hypothermia Underwater Hazards (props, trash, sea life); Bleeding, Drowning, (courses, certification) Choking, (courses, certification)</p>	<p>YMCA (2nd flr classroom 217) First Aid Kits AED Rescue Annie Posters</p>	<p>BAND STAND</p>	<p>MARY CAROL SHANNAHAN</p>
<p>7. Case Studies: Decision Making; Judgement; Party Boat * Students in pairs read scenario and make decision to go or not *Each pair share decision & one reason why *Discussion questions – emphasis on correct decisions *Instructor read outcome of scenario Duck Hunting * Students in pairs read scenario and make decision to go or not *Each pair share decision and one reason why *Discussion questions – emphasis on correct decisions *Instructor read outcome of scenario Workshop Assessment/Evaluation: Students; Teachers; MRSPS Instructors; Hand-outs: Pamphlet, certificate – teachers will distribute in classroom</p>	<p>Stay in location of session # 6</p>	<p>Stay in location of session # 6</p>	<p>RAY VASS & ALL LEAD INSTRUCTORS</p>

**MILES RIVER SAIL & POWER SQUADRON (MRSPS)
SAFE BOATING PROGRAM FOR KIDS-- EASTON MIDDLE SCHOOL
TUESDAY – FRIDAY, MAY 29, 30, 31, JUNE 1, 2007 – 0805 AM – 1135**

WORKSHOP SCHEDULE – YMCA & EASTON MS

(REVISED MAY 17, 2007)

25 minutes sessions/4 minute pass to next session; 8 minute pass between EMS & Y

0700-0800 MRSPS Instructors arrive and set-up instruction station at EASTON MS & YMCA HOMEROOM, SCHOOL ANNOUNCEMENTS

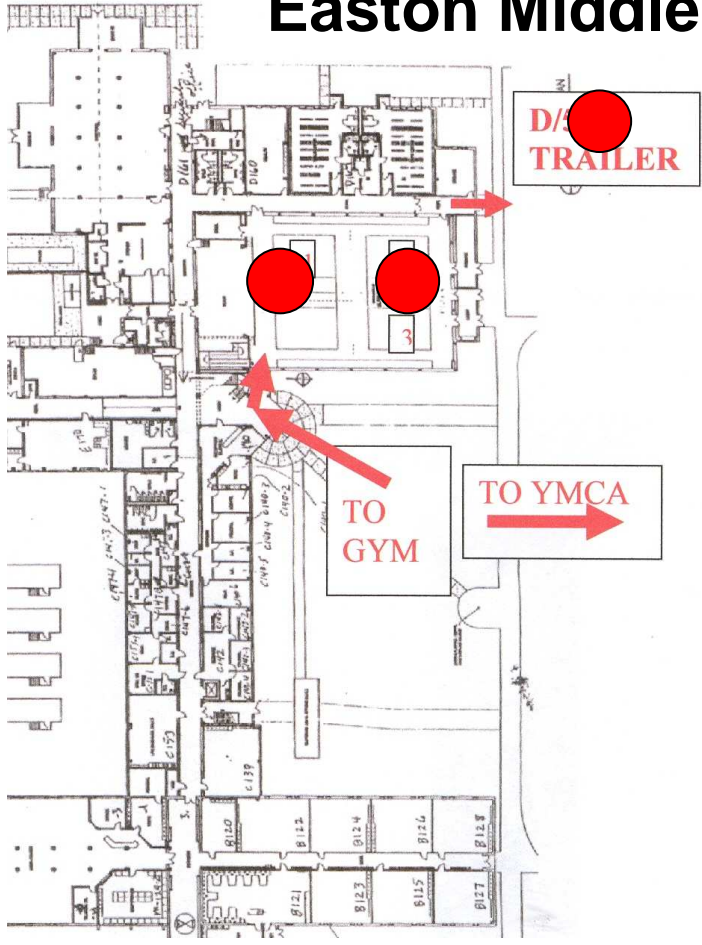
0805-0815 Move from HOMEROOM to GYM BLEACHERS (Directed by school personnel)
STUDENTS SIT ON BLEACHERS BY COLOR GROUPS IN ASSIGNED AREA
GREETINGS: Cdr O'Donnell (Who are we? Why are we here?)
WORKSHOP DIRECTIONS: M. Franck/D. Cook
ALL MRSPS INSTRUCTORS/TEACHERS DIRECT STUDENTS TO STATIONS
Introduction: School GYMNASIUM (Name tags, group assignments, description of workshop day, establish rules of conduct and workshop objectives, directions for moving to sessions at EMS & YMCA)
MRSPS person (Don or Marian) greet students at the GYM & YMCA; EMS teachers organize the group for moving from one session to the over.
DISMISSAL OF ALL GROUPS TO STATIONS; YMCA GROUPS WILL GO FIRST

0820-0845 First Session
0849-0914 Second Session
0918-0943 Third Session
1943-0951 MOVE ALL GROUPS TO/FROM EMS/YMCA (8 MINUTES)
0951-1016 Fourth Session
1020-1045 Fifth Session
1049-1114 Sixth Session (Students stay in this location for next (7th) session)
1114-1126 Seventh Session (10-12 MINUTES) YMCA GROUPS LV AT 1124
1130 School lunch

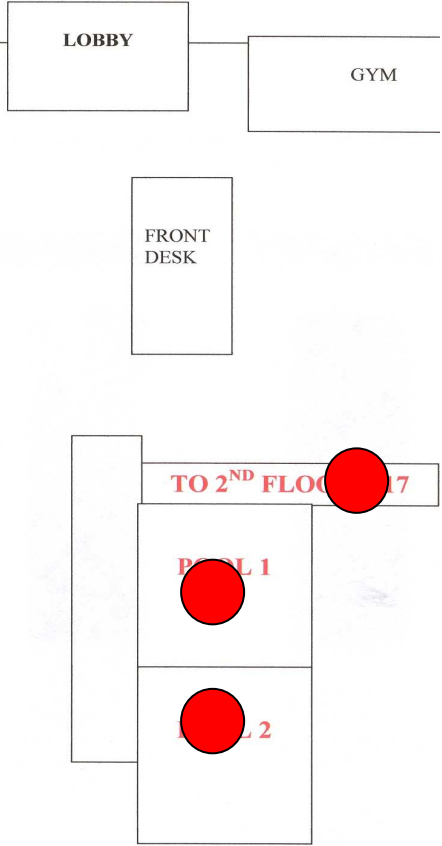
TIME	GYM (1)	GYM (2) D/5 TRAILER	GYM (3)	Y POOL 1 (Cool Pool)	Y POOL 2 (Warm Pool)	Y 2 nd FL RM 217
0805-0815	OPENING SESSION: GYMNASIUM (EMS) (EVERYONE) CDR GREETINGS (BLEACHERS IN COLOR GROUPS)					
0820-0845	GROUP 1 RED	GROUP 2 YELLOW	GROUP 3 BLUE	GROUP 4 ORANGE	GROUP 5 GREEN	GROUP 6 VIOLET
0849-0914	GROUP 6 BLUE	GROUP 1 RED	GROUP 2 YELLOW	GROUP 3 VIOLET	GROUP 4 ORANGE	GROUP 5 GREEN
0918-0943	GROUP 5 YELLOW	GROUP 6 BLUE	GROUP 1 RED	GROUP 2 GREEN	GROUP 3 VIOLET	GROUP 4 ORANGE
CHANGE GROUPS FROM SCHOOL TO YMCA- SCHOOL SECURITY = CROSSING GUARD						
0951-1016	GROUP 4 ORANGE	GROUP 5 GREEN	GROUP 6 VIOLET	GROUP 1 RED	GROUP 2 YELLOW	GROUP 3 BLUE
1020-1045	GROUP 3 VIOLET	GROUP 4 ORANGE	GROUP 5 GREEN	GROUP 6 BLUE	GROUP 1 RED	GROUP 2 YELLOW
1049-1114	GROUP 2 GREEN	GROUP 3 VIOLET	GROUP 4 ORANGE	GROUP 5 YELLOW	GROUP 6 BLUE	GROUP 1 RED
1114-1126 (Lv Y at 1124)	SESSION 7: STUDENTS STAY AT LAST STATION FOR DECISION MAKING SESSION CONDUCTED BY INSTRUCTORS OF THE LAST SESSION; COMPLETE WORKSHOP EVALUATION FORM; PAMPHLETS & CERTIFICATES WILL BE DISTRIBUTED AT THE SCHOOL BY THE TEACHERS AS PART OF THE SCHOOL EVALUATION OF THE EVENT;					
1130	SCHOOL LUNCH/ INSTRUCTOR CLEAN-UP					

Easton Middle / YMCA

EASTON YMCA MAP



FROM EMS



2007 PLANNING
MILES RIVER SAIL & POWER SQUADRON (MRSPS)
SAFE BOATING PROGRAM FOR KIDS--ST MICHAELS MIDDLE SCHOOL
MAY 3, 2007 – 0815 AM - 1400

WORKSHOP SCHEDULE - CBMM

35 minutes sessions/5 minute pass to next session

- 7:30-8:30 MRSPS Instructors arrive and set-up instruction station at CBMM
- 8:00-8:30: Introduction at the School Cafetorium (Name tags, group assignments, description of workshop day, establish rules of conduct and workshop objectives, directions for moving to and from the museum)
 MRSPS person (Don or Marian) greet students at the school and let the teachers organize the group for walking over.
- 8:30-9:00: Move from school to CBMM (Directed by school personnel)
STUDENTS GATHER AT BAND STAND
GREETINGS: Cdr O'Donnell (Who are we? Why are we here?)
WORKSHOP DIRECTIONS: M. Franck/D. Cook
ALL INSTRUCTORS/TEACHERS DIRECT STUDENTS TO STATIONS
- 9:00-9:35 First Session
- 9:40-10:15 Second Session
- 10:20-10:55 Third Session
- 11:00-11:35 Fourth Session
- 11:35-12:05 Lunch (Justine Adams)
- 12:10-12:45 Fifth Session
- 12:50-1:25: Sixth Session (Students stay in this location for next (7th) session)
- 1:25-2:00: Seventh Session
- 2:00 Return to school (Directed by school personnel)

TIME	BAND STAND	LIGHT HOUSE	NAVY POINT	D/5 TRAILER	C DOCK	H DOCK
0800 - 0900	OPENING SESSION: CAFETORIUM (EVERYONE) WALK TO CBMM; CDR GREETINGS AT BAND STAND					
0900-0935	GROUP 1 RED	GROUP 2 YELLOW	GROUP 3 BLUE	GROUP 4 ORANGE	GROUP 5 GREEN	GROUP 6 VIOLET
0940-1015	GROUP 6 VIOLET	GROUP 1 RED	GROUP 2 YELLOW	GROUP 3 BLUE	GROUP 4 ORANGE	GROUP 5 GREEN
1020-1055	GROUP 5 GREEN	GROUP 6 VIOLET	GROUP 1 RED	GROUP 2 YELLOW	GROUP 3 BLUE	GROUP 4 ORANGE
1100-1135	GROUP 4 ORANGE	GROUP 5 GREEN	GROUP 6 VIOLET	GROUP 1 RED	GROUP 2 YELLOW	GROUP 3 BLUE
1135-1205	ALL GROUPS LUNCH – BETWEEN BANDSTAND & LIGHT HOUSE					
1210-1245	GROUP 3 BLUE	GROUP 4 ORANGE	GROUP 5 GREEN	GROUP 6 VIOLET	GROUP 1 RED	GROUP 2 YELLOW
1250-1325	GROUP 2 YELLOW	GROUP 3 BLUE	GROUP 4 ORANGE	GROUP 5 GREEN	GROUP 6 VIOLET	GROUP 1 RED
1325-1400	SESSION 7: STUDENTS STAY AT LAST STATION FOR DECISION MAKING SESSION CONDUCTED BY INSTRUCTORS OF THE LAST SESSION; COMPLETE WORKSHOP EVALUATION FORM; DISTRIBUTE GOODIE BAG & CERTIFICATES; REMIND STUDENTS TO SAVE BAG – MATERIALS WILL BE USED IN CLASSES; Q & A					
1400	RETURN WALK TO SCHOOL/ INSTRUCTOR CLEAN-UP					

St Michaels Middle at CBMM

