



of the United States Power Squadrons®, District 5

**BOATING SAFETY FOR KIDS
7TH GRADE WORKSHOP**

About the Program

The Boating Safety for Kids workshop is conducted for approximately 320 Seventh Graders of the Talbot County Public Schools, Maryland, over a five-day period in the Spring of each year. The waterfront and classroom facilities of the Chesapeake Bay Maritime Museum and the Talbot County YMCA are used for to provide hands-on experience of skills and concepts in six 25-35 minute sessions in each workshop.

The workshops included safe boating practices such as proper stabilization in small craft; boating laws and regulations; use of nautical charts and related aids to navigation; proper use of the radio to report accidents and other hazardous situations; responses to boating emergencies such as fire, crew over board, care of common boating injuries; hypothermia; and environmental issues. Students have opportunity to practice skills of throwing rescues, use of the radio, and entering and leaving small boats. They also engage in simulated experiments that demonstrate environmental clean up, effects of cold water, sun, and alcohol on one's ability to function safely, use of common navigation aids that can be found on local rivers, and selecting first aid equipment/supplies in readiness for potential/common injuries in, on and around the water.

Members of the MRSPS and its auxiliary, the Half Miles, organized in six teams provide instruction. Each team is lead by a team leader who is responsible for planning, collecting needed equipment and materials and organizing instructors to deliver the specific topics assigned to the team. Many of the members have completed multiple boating safety courses provided by the USPS that range from basic boating safety through celestial navigation. The combination of study and years of practical experience in operating their own boats makes this a rich experience for Talbot County students who have easy access to navigable waters.

Contact co-chair Marian Franck at dmfranck@atlanticbb.net for more information.

COOPERATING COMMUNITY PARTNERS



Miles River Yacht Club



Program Planning

Program planning begins in the Fall of each school year and involves several levels of planning. Personnel includes two co-chairs, six instructor leaders, 6-10 instructors for each topic, school administration and faculty. Others include photographers, reporters, and lunch providers (Half Miles Auxiliary) for the full day workshop.

Co-Chairs:

- Meet with school officials to confirm workshop dates;
- Meet with community partners (Miles River Yacht Club, Chesapeake Maritime Museum, Talbot County YMCA) to confirm use of facilities;
- Make phone contact with every squadron member to determine willingness and availability to serve as instructor;
- Meet with team leaders to determine workshop session topics, assign members to session teams; plan for instructor training;
- Conduct all instructor training to review general workshop schedules, team assignments and assess equipment needs, general protocols for dealing with 7th grade students, role of school faculty, wrap-up session and evaluation.
- Prepare workshop materials: color coded name tags to identify student groups; schedules and site maps; certificates for students and school faculty; acquire hand-outs for students and resource materials for instructors.
- Conduct wrap-up sessions with school administrators, community partners, and lead instructors.
- Make tentative plans for next year's program.
- Report merit marks.

Lead Instructors:

- Write/revise lesson plans;
- Meet with team of instructors to rehearse lesson plan, assign lesson component to each team member, plan for accessing needed equipment and supplies;
- Report to co-chairs regarding any needs or changes for the assigned session;
- Tour all facilities – museum, school, YMCA;
- Monitor each session and be ready to make adjustments as needed.

Instructors:

- Attend training sessions (team and total group);
- Prepare presentation for session assignment;
- Confirm availability for specific workshop dates;
- Assist with acquiring necessary equipment and materials for session.

Planning Outline

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| <p>A. Getting Started</p> <ul style="list-style-type: none">• Interest• Need• Leadership• Recruiting squadron members <p>B. Audience</p> <ul style="list-style-type: none">• School Contacts• Community agencies serving children <p>C. Instructional Plan</p> <ul style="list-style-type: none">• Content• Session Topics <p>D. Workshop Preparation</p> <ul style="list-style-type: none">• Space• Equipment• Schedule• Student color groups• Name tags by color• Hand-outs | <p>E. Public Relations</p> <ul style="list-style-type: none">• Photos• Local Newspaper• Squadron Newsletter• District Newsletter- Mark 5• Ensign <p>F. Evaluations</p> <ul style="list-style-type: none">• Students• Teachers• Instructors <p>G. Budget</p> <ul style="list-style-type: none">• Lunch: Full Day Workshop (Half Miles Auxiliary)• Printing materials <p>H. Resources</p> <ul style="list-style-type: none">• Safe Boating Video• Safe Boating for Kids (USPS text book)• USPS Coloring Books• Water Smart from the Start (CD and Text)• USPS 4 Kids Web Site• D/5 Show Trailer |
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Sample Planning Meeting Agendas

<p>JANUARY 8, 2007 AGENDA:</p> <ol style="list-style-type: none"> 1. Review comments from September picnic meeting of instructors 2. Determine topics 3. Strategies for training instructors: <ul style="list-style-type: none"> • Lesson planning & lesson plans (See 2005 plans) • Meet with instructors: in small group as per topic • Meet with instructors: whole group (training session at MRYC – date?) • OR lead instructors 3. Brainstorm and list instructors (potential) 4. Brainstorm lead instructors 5. Set date to visit and tour facilities at middle school 6. Set date to meet with SMMS principal to review schedule, etc. 7. Other: 	<p>FEBRUARY 3, 2007 AGENDA:</p> <ol style="list-style-type: none"> 1. Review topics 2. Review list of volunteer instructors 3. Confirm lead instructors 4. Assignment of volunteers to team 5. Strategies for training instructors: <ul style="list-style-type: none"> • Set dates for training • Meet with all lead instructors to review topics & lesson plans; • Adjust Lesson planning & lesson plans (See 2005 plans) • Meet with instructors: in small group as per topic (Marian & Don) • Practice teaching the lesson plan, equipment plan, etc • Meet with instructors: whole group (training session at MRYC – date?) OR at EMS & YMCA 6. Set date to meet with SMMS principal to review final schedule, etc. 7. Set date to meet with EMS principal to review final schedule and equipment needs 8. Set date to meet with YMCA staff to review final schedule and equipment needs 9. Other 	<p>MARCH 3, 2007 LEAD INSTRUCTORS</p> <p>AGENDA:</p> <ol style="list-style-type: none"> 1. Review comments from 2006 instructors 2. Review suggested topics & lead instructors. Confirm assignment 3. Strategies for training instructors: <ul style="list-style-type: none"> • Lesson planning & lesson plans (See 2005 plans) • All sessions must have written lesson plan Seventh session: Scenario (2 at SMMS; 1 at EMS) • Schedule Meetings with instructors: • Lead Instructor with team of instructors as per topic (Co-Chairs) • Meet with instructors: whole group training session at MRYC • Set date to visit and tour facilities at middle school • Set date to meet at CBMM to tour facilities to be used. 3. Brainstorm and list instructor teams-- See database print out of potential instructors. 4. Other:
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Instructor Training Meeting Agenda

**MILES RIVER SAIL & POWER SQUADRON (MRSPS)
2007 SAFE BOATING PROGRAM FOR KIDS
APRIL 16, 2007, 10:00 AM -- MILES RIVER YACHT CLUB
TRAINING -- ALL INSTRUCTORS**

AGENDA:

1. **ON ARRIVAL:** PLEASE PICK UP RED FOLDER WITH YOUR NAME & GROUP ID
REVIEW MATERIALS IN FOLDER:
 - * MAY 1: CBMM SCHEDULE & MAP
 - * MAY 29, 30, 31, JUNE 1: EASTON MIDDLE SCHOOL & YMCA SCHEDULE & MAP
 - * LESSON PLAN FOR YOUR GROUP
 - * SESSION SEVEN (7): SMMS: 2 SCENARIOS, OUTCOMES, DISCUSSION QUESTIONS; EMS: 1 SCENARIO, OUTCOMES, DISCUSSIONLEAD INSTRUCTORS COMPLETE AND TURN IN BY END OF THE MEETING:
 - * MASTER ROSTER FOR YOUR GROUP (KEEP COPY FOR MM RECORDS)
 - * LIST OF EQUIPMENT NEEDED:
 - ST MICHAELS (CBMM: TABLES, TRASH CANS, PFD'S, ETC)
 - EASTON (MS: TABLES, ETC; YMCA: CANOE, KAYAK, PFD'S, 4 DIVE BRICKS, 4 FLOATING TORSOS, ETC.)
 - * LESSON PLAN WITH ADDITIONS/CORRECTIONS
 - LIST ALL INSTRUCTORS
 - LIST CONTENT AT EACH STATION AND ALL CONCEPTS/SKILLS STUDENTS NEED TO KNOW FOR SAFETY AFLOAT
 - LIST ALL EQUIPMENT TO BE USED IN THE LESSON
 - LIST ALL DETAILS OF WHAT STUDENTS WILL DO
2. **GENERAL PROTOCOLS:**
 - * BRING AND WEAR YOU OWN PFD IF STUDENTS WILL BE REQUIRED TO WEAR ONE AT YOUR STATION
 - * STUDENTS HAVE BEEN ASSIGNED TO COLOR GROUPS
 - * STUDENTS WILL HAVE NAME TAGS; CALL THEM BY NAME – NO SLANG OR STREET NAMES

- * A SCHOOL FACULTY MEMBER WILL ACCOMPANY GROUPS TO EACH STATION
- * TEACHERS AND PRINCIPAL WILL DEAL WITH DISRUPTIVE BEHAVIORS.
- * PLAN TO KEEP STUDENTS INVOLVED IN HANDS-ON ACTIVITIES TO AVOID BEHAVIOR PROBLEMS.
- * TALK AS LITTLE AS POSSIBLE: PRACTICE SAYING ESSENTIAL INFORMATION TO MAKE YOUR PRESENTATION AS SUCCINCT AS POSSIBLE.
- * GET STUDENTS INTO HANDS-ON ACTIVITIES AS SOON AS POSSIBLE.
- * STAY FOCUSED ON THE ESSENTIAL PURPOSE OF YOUR SESSION --- WHAT THE KIDS NEED TO UNDERSTAND ABOVE EVERYTHING ELSE AT THE END OF THE SESSION.
- * 7TH GRADERS ARE NOT GOOD LISTENERS --- THEY WANT TO DO.

3. 7TH SESSION: SCENARIOS

- * DESIGNATED INSTRUCTOR CONDUCTS DISCUSSION WITH SAME GROUP YOU HAD FOR SESSION 6. DISTRIBUTE ONE SCENARIO AT A TIME (ONLY ONE AT EMS)
 - o DIVIDE GROUP INTO PAIRS
 - o EACH PAIR READS SCENARIO AND DECIDES TO GO OR NOT TO GO, AND WHY?
 - o INSTRUCTOR READS OUTCOMES OF THE SCENARIO
 - o USE DISCUSSION QUESTIONS
 - o COLLECT SCENARIO AT END OF DISCUSSION
- * HAVE STUDENTS AND TEACHERS COMPLETE EVALUATION FORM

4. HAND-OUTS AND CERTIFICATES:

- * PAMPHLET WITH MRSPS INFORMATION ON STICKER ON FRONT COVER
- * CERTIFICATE AND PAMPHLET WILL BE DISTRIBUTED AT THE SCHOOL AFTER THE WORKSHOP

5. RECORDS: MERIT MARKS; NSBC AWARD (COMMITTEE)

6. LUNCH: CBMM ONLY; SERVED BY THE HALF MILES

7. QUESTIONS

8. REMEMBER

- * STAY FOCUSED ON THE ESSENTIAL PURPOSE OF YOUR SESSION --- WHAT THE KIDS NEED TO UNDERSTAND ABOVE EVERYTHING ELSE AT THE END OF THE SESSION.

9. TEAM ROUND-TABLE DISCUSSIONS

- * COMPLETE LESSON PLANNING (WHO IS DOING WHAT; BRINGING WHAT EQUIPMENT)
- * BE SPECIFIC ABOUT WHAT STUDENTS WILL DO AS HANDS-ON ACTIVITIES
- * COMPLETE MASTER SCHEDULE FOR YOUR TEAM (KEEP RECORD OF ATTENDANCE AT ALL EVENTS (MEETINGS & WORKSHOPS))
- * SUBMIT LIST OF NEEDED EQUIPMENT TO CO-CHAIRS

THANKS TO ALL!!!



Sample School Faculty Agendas

ST. MICHAELS MIDDLE SCHOOL SAFE BOATING PROGRAM AGENDA

4.11.07 CONFERENCE ROOM 11:29

INTRODUCTIONS

LOGISTICS

Preparation
Arrival
Stations
Lunch
Departure
Evaluation

STUDENT GROUPS

STAFF CHAPERONES

MEDICATION(s)

PARENT PERMISSION FORMS

UNANSWERED QUESTIONS

(NOTE: This was the 3rd year for this program in this school)



EASTON MIDDLE SCHOOL

WORKSHOP REVIEW: EMS 7TH GRADE TEACHERS MAY
14, 10:15 AM

AGENDA:

Introductions:

Logistics:

Preparation:

- * Six (6) Student groups for each day with assigned teacher for each group.
- * Name tags:
 - Provided by MRSPS with names added if group lists are received no later than May 18. If possible send in an .xls file. OR blank color coded name tags will be provided so students can print their first name clearly using large letters.
 - Identifies color group.
 - To be worn on upper chest near shoulder to be easily seen by our instructors.

Stations & Schedule:

- * See map of EMS and YMCA facilities to be used.
- * See program schedule and station rotations.
- * Students will rotate to the three stations in each building before crossing the street.
- * EMS building manager: direct street crossing.

Opening:

- * All students meet in the gym, seated in color groups with teacher.

Closing:

- * All students dismissed to regular lunch schedule.

Hand-outs:

- * All hand-outs will be given to the teachers including:
 - Safe Boating Tips for Anglers, Hunters, & Campers
 - Certificate of Participation for each student
 - Distribution to follow return to classes.

Student Groups:

- * Assignments should separate students to insure best behavior.
- * Teachers are asked to stay with assigned group and are encouraged to participate if appropriate.
- * Assist when groups are divided into smaller groups within a session.

Medications:

- * Teachers aware of needs and observant of student health issues throughout the workshop.

Characteristics of EMS 7th grade students:

- * Do's and don't's: Advice for the instructors.

Questions:

- * Health curriculum of the school: Is first aid included? CPR? AED?

(NOTE: This was the 1st year for this program in this school)

Student and Faculty Feedback

MRSPS SAFE BOATING FOR KIDS WORKSHOP MAY 29-JUNE 1, 2007

2007 EASTON MIDDLE SCHOOL STUDENTS EVALUATIONS-
204 returned

What did they learn?

The two areas mentioned the most were not surprisingly –How to be safe on a boat [62] and how to get in and out of a boat [46]. Others receiving more than one mention were-AED/CPR [28], Don't drink and boat [23], Hypothermia[17], Throwing the ring and rescue bag [15], First Aid/injuries[13], Calling the CG [12], Fire extinguisher[9], Wear a PFD [8], Pollution[6]Navigation[3],Safety Devices, [2], and parts of boats[2], "lots of good stuff" and "to be alert" received 2 comments each as well.

Virtually every other area and session received one comment. Notable ones include "Don't wrap your foot around the throwing line", "Keep fingers in the boat", "Boats are as dangerous as cars", "Don't drive a boat at night", and "Left is Port".

What did they like best?

By far getting in and out of boats was the one mentioned the most [70]. Next was throwing the ring and throw bag [47].After that came Hypothermia [33], Everything[13], Calling the CG [11], "The Cardboard Boat", Doing hands on activities and Getting out of class received 4 comments. First aid and the stories had 3 comments each. CPR and Boat safety received 2 comments.

Once again all sessions received some mention. Interesting comments included-"much better than school", "had a lot of fun", "getting wet", "getting out of class", and "when Chelsea fell off the boat".

What did they like the least?

To all of your credit "Nothing" was the most frequent response to this question [49]. Next came getting in and out of the boats [17], Too much talking [14], Hypothermia[13], "Card board boat"[13], AED/CPR [13], Not getting in the pool[12], The heat [9], Standing [9], Wearing a PFD[7],Fire extinguisher [5], The alcohol session, stories, and First aid received 3 comments.2 mentioned throwing the ring/bag. Notable comments here were-"getting shoes wet", "not enough time", "crying babies", "when he blew the whistle", "wrapping the line for the bag", "listening to sad stories", "when the guy died", and being outside.

What changes did they suggest?

Once again the great majority [74] said to change nothing. 34 wanted us to let them in the pool! After that there were more activities[9], less talking[7], more "fun"[6] more time[4] chairs[4],someone in the water to throw rings to[3], to "paddle" boats[3] .Too much time, Fire Extinguishers ,Getting in and out of boats and Not getting wet received 2 comments each.

Other areas that a change was requested were- to actually perform CPR, Do it all outside, Do it on one side of the road, Stay inside, Do it on the bay, Make cardboard boat more fun, No PFD, No pool, Computer thing, try out equipment, First aid, Learn to swim, Show right and wrong way to get in/out of a boat, and More activities in the water.

Notable comments here were on student who said her attitude needed to change, a number who said the program was "cool", and most especially one who seemed to grasp the intent of all that we did. The student said "It was great because even if like something we need to learn about it".

07 EMS TEACHER EVALUATIONS MAY 29-JUNE 1, 2007

EASTON MIDDLE SCHOOL TEACHERS EVALUATIONS-
12 responded

Will it be useful to the students?

All 12 said yes with the additional comments: absolutely, definitely, excellent program, highly organized, great job, very helpful, super day,

Other comments were: Good even for students who don't boat, important due to our proximity to the water, gave an overview of many important issues.

Improve or change?

Most said nothing needs to be changed [8].

Changes suggested were: More detail on CPR, offer water to students, allow time to sit for students and teachers, more "bandage" time.

Comments:

Good presentations, wonderful program, what a wonderful group of knowledgeable people, students were interested in every station, well planned and clearly thought out, all students participated and were actively engaged, all instructors worked well with the students, well done, very good, great for students even if they haven't been near water.



PFD

Whistle

MD 1234 CB

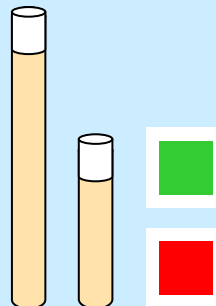
Decal

Fire Extinguisher(s)

Horn

Flares

Throwable PFD



Summary

After reviewing these and others we have had over the last 4 years it is evident we are getting better and better at this. There are fewer comments about our talking too much and more about what they learned.

Wrap Up

BOATING SAFETY WORKSHOP WRAP-UP: Co-Chairs

THANK YOU NOTES/LETTERS: PROGRAM

EMAIL THANK YOU NOTE TO ALL MRSPS INSTRUCTORS

Easton Middle School: Principal; Building Manager

Talbot County Public Schools: Administration – Superintendent; Curriculum Coordinator

List of community agency personnel sent to Curriculum Coordinators who will send thanks from the schools

YMCA: Program Director

YMCA: Aquatics Director

YMCA: Outdoor Director

CBMM: Education Activities Director

Vice President

MRSPS: Commander

STATE FARM INSURANCE COMPANY: Key Chains

TALBOT COUNTY EMERGENCY MANAGEMENT SYSTEM EMT INSTRUCTORS

CBMM: PFD's

USPS D/5: Executive Officer (SeaVester and Trailer)
Commander

PUBLICITY: STAR Democrat Newspaper

Send selected pictures, with names of instructors and students) to photographer

Send potential news pictures to Building Manager for student identification.

MILES LINES (Squadron newsletter) Send selected pictures to editor.

USPS ENSIGN

WHAT'S UP EASTERN SHORE: Local interest magazine – article and pictures

DEBRIEFING MEETING WITH SCHOOL PRINCIPALS

Evaluation; 2008 planning

MERIT MARKS

- Each lead instructor confirm attendance of team instructors at:
 - Training session: April 16
 - Each workshop session: May 1, 29, 30, 31, June 1
 - Special preparation : development of posters, collection of equipment/supplies needed, transport/loan of special equipment
 - Other information that might be added to the individual report for merit marks.
- Co-Chairs prepare report to Merit Mark Chairperson.

LEAD INSTRUCTOR DEBRIEFING

- Review evaluations; Suggest content and format changes for 2008 workshops.
- Prepare 30 PowerPoint presentation for MRSPS monthly squadron meeting to report on program/celebrate 64 volunteers involved.